	3			$^{\wedge}$		$\rightarrow$			
wellmont.org www.msha.com			Describe reaction:		on:	Describe reaction:			Location:
Health System HEALTH ALLIANCE			Allergic to:			Allergic to:	Phone:		Pharmacy:
Pocket Card									
Universal Medication									
VOUR									
this card CAIN SAVE									
	Stopped	Prescribing Physician Stopped	Reason for Taking		Directions for Taking	Dose	Name of Medication	Name of	Date
Name:	Date	Jo ome N	Name of Madication	Doco	Directions for Taking		Reacon for Taking	Draccribing Dhycician	Ctonned
Address:	Date		Medication	202	DIECCIOLIS IOI IGNIIIG		incason for taking	i lese ibilig i ilysician	poddogo
Phone: Birth Date: / /									
Emergency Contact:									
Relationship:Ph;									
Primary Physician:									
Phone:									
Specialty Physician:	List all medi	List all medications you are currently taking:	ing: Prescriptions AND over-th	le-counter medical	Prescriptions AND over-the-counter medications (examples: aspirin, antacids) AND herbals (examples: qinseng, qingko). Include medications taken as needed (example: nitroglycerin).	xamples: ginse	ng, gingko). Include medication	s taken as needed (example: nit	oglycerin).
Phone: Advance Directives: Yes No		ng medications on reverse side if	needed. This is a true and accur	rate list of my curre	Continue listing medications on reverse side if needed. This is a true and accurate list of my current medications to the best of my knowledge.	Patient Signature:			
	3			<b>⊘</b>					

## Directions for Use

- 1. Print this file. Best results and permanence may be achieved using a laser printer.
- 2. Completely fill out all applicable contact and medication information. Best results and permanence may be achieved using a ball point pen.
- 3. Using scissors or a paper cutter, carefully cut around the outside edges of the card.
- **4.** Fold lengthwise along the dotted line, leaving the printed side visible on the outsides when folded.
- 5. Holding the paper so you can see the numbered arrows and where the number one is closest to you, begin folding at the first arrow. Each numbered fold should be made in the opposite direction from the last.
- **6**. When finished folding at arrow number three, title and logos should be visible on the front panel of the folded card.

Remember to update the Universal Medical Pocket Card regularly when your medication or contact information changes.